



Summer 2022
Guidebook for J Camps
Grades K – 9

CHAI

GYMNASTICS

SPORTS

STARQUEST & STARPOWER

TEEN TRAVEL CAMP

TENNIS

Dear Parents and Campers,

Welcome to Dallas J Camps Summer 2022!! The past two summers have been quite unique, but we are excited to let the good times roll this summer with our camp magic. We are busy getting ready for camp, and there are many things for you and your camper to do to get ready. Reading our J Camp Guidebook and filling out all forms is the first step. We need your involvement to make for a great summer!

All our J Camps follow the safest guidelines and protocols, yet each have a separate focus and flair. This Guidebook covers all the general information, and you will get more for each camp your campers will attend.

Specialty Camp (Gymnastics, Sports, StarQuest, StarPower and Tennis) **PARENT ORIENTATION NIGHT** is Tuesday, May 31 at 7:00 PM on Zoom for you to hear about camp and meet our staff! There will be the opportunity to learn all our common plans and then meet with each Camp Director. Camp Chai **PARENT ORIENTATION NIGHT** is Thursday, June 2 at 7:00 PM at the JCC for you to meet our staff. We want you to share your feedback and questions with us before, during and after the summer. If you have any questions before camp begins, please call me at the JCC 214-239-7145 (my direct line). All of our Camp Directors will be available to you. During the summer, feel free to call and leave a message at Camp Central ([214-810-2377](tel:214-810-2377)). You may also “talk” with us through e-mail and we will respond. With your help, we will keep you posted on your camper’s activities and progress during camp. This will be a special summer filled with memories, traditions and a sense of belonging.

Shalom,

Josh Goldstein, Director of Camping Services/Camp Chai

Laura Seymour, Camp Director Emeritus

Tara Ohayon, Director, Camp Chai/Director of Early Childhood Education

Dave Stanton, Camp Simchah Co-Director

Cynthia Casper, Camp Simchah Co-Director

Abby Tarlo, Gymnastics Camp Director

Todd Kelly, Sports Camp Director

Alise Robinson, StarQuest/StarPower Director

Liela Majedi, Teen Travel Camp Director

Polo Cruz, Tennis Camp Director

GUIDEBOOK INFORMATION

Health and Safety
Medication Procedures
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Health and Safety

This summer we are following these procedures to care for our campers and staff:

Effective January 3, 2022 for participants ages 5 and older, there will no longer be any credits or refunds issued for programming related to Covid.

Effective Monday, March 21, 2022, the JCC is moving to completely mask optional for all areas and times for our facility. This would include the Mask Required Times for the Fitness Center and designated Group Fitness classes as well as masking for our employees and contractors.

As we have throughout the pandemic, we will continue to monitor the situation and are prepared to make changes if necessary.

Effective May 25, 2022, The JCC continues to update its Covid guidelines for program participants in conjunction with CDC recommendations as well as recommendations from our team of medical professionals. Please read the guidelines below as they have changed.

- Any child that has tested positive for COVID must quarantine for 5 days. If after 5 days they are not exhibiting any symptoms and are feeling better they may return to camp but must wear a mask for the remainder of 10 days since contracting COVID.
- Any child that has been in close contact* with someone who has tested positive for COVID may come to camp but test to stay. Every other day the child must check in at Camp Central with the actual physical "At Home" negative test result in hand or an email from the lab where the test was done indicating the negative test result. The "At Home" lab test result will be discarded in Camp Central once it has been checked. Child must also wear a mask for the 10 days since exposure to COVID.

**Close contact is defined as being within 6ft of someone for 15 minutes or more regardless of whether a mask is worn. If the close contact lives in the home, please contact Tara Ohayon for additional guidance.*

Medication Procedures

1. If your child has any allergies or activity restrictions, it is important that you indicate this on the medical form in CampDoc (you should have received an email invitation to CampDoc).
2. If your child must take medication during the day, please fill out the correct form on CampDoc with complete instructions including the name of the child, the name of the drug, frequency and reason for giving and send the PRESCRIPTION BOTTLE with your camper. We cannot give medication without this.
3. All medication must remain in Camp Central. We cannot give over-the-counter drugs without written notification. All of these permission are in CampDoc.
4. Feel free to call us during the day to discuss any particular needs your child may have, and we will call you if we have any concerns or questions. We will call to report any injuries that are deemed more serious.

Insurance

Camp accident insurance is provided by the JCC for all campers who attend camp. The maximum benefit is \$35,000 per injury with no deductible. Dental is treated as medical under the plan as long as the treatment pertains to the injury. This is supplemental insurance and you must submit to your own insurance company first.

IMMUNIZATIONS

Immunization records with doctor's signature must be sent by your doctor and turned in before camp begins. The authorizations on your Registration forms will enable us to give your child emergency treatment in the event that you cannot be reached. This policy is for the health and safety of all campers.

JCC of Dallas Immunization Policy

Effective for Goldberg Early Childhood Center and all J CAMPS

All children must have a current health statement or health record signed by both parent and physician. In addition to the required Annual Health Statement, *all* children at GECC and J Camps must provide proof of immunizations in accordance with the most current immunization schedule adopted by the State of Texas before the first day of school/camp. A child's enrollment process will only be considered complete once immunization records from a physician or clinic have been reviewed and approved by the GECC or J Camp. Immunization records must remain current for a child to attend school or camp.

We recognize that individuals who have had a documented allergy or severe adverse reaction to a particular vaccine, or with a documented medical condition, may not be able to complete the immunization schedule in the time frame adopted by the State of Texas. In these extremely rare circumstances, a written and signed statement from a physician (M.D. or D.O.) licensed by any state in the United States, and who is board-certified in the subspecialty of

allergy/immunology, infectious disease or hematology/oncology, will be required. These statements will be reviewed and approved/declined by an anonymous team of physicians selected by the JCC.

An exemption from immunizations for reasons of conscience will not be accepted.

CAMP DATES & HOURS

Camp Dates

Session 1: Tuesday, June 7 through Friday, June 24

Session 2: Monday, June 27 through Friday, July 15

Session 3: Monday, July 18 through Friday, August 5

Camp Hours

Camp hours are from 9:00 am to 4:00 pm each day. For the convenience of our parents, we offer extended care from 7:45-9:00 am and 4:00-6:00 pm. For the convenience of our parents, Extended Care is available for an additional charge. All campers in grades 1 – 6 who will be at the J before 8:45 am or after 4:00 pm without adult supervision, MUST be registered in the Before/After Care program.

Extended Care

IS LOCATED IN THE LODGE –
AT THE END OF THE TENNIS COURT DRIVE.

Extended care is located in the lodge at the end of the tennis court drive. Registration is available AM only/PM only or Both. Activities include swimming, crafts, games and time to visit with friends in a supervised atmosphere. Registration is [online](#) and must be done prior to the start of camp.

Before Care begins at 7:45 am. A staff member will be at the door to assist children out of the car and check them in.

After Care is available from 4:00-6:00 pm. For pick up, park in the Tennis Lot and come into the Lodge. All campers will be out of the pool and in the Lodge by 5:45pm each day.

For occasional Extended Care registration, please make reservations 24 hours in advance by emailing jcamp@jccdallas.org. The fee is \$10 per hour.

Bus Transportation

Bus Transportation is available from four sites in North Dallas, Plano & Frisco, and Bus Counselors are assigned to work each of the buses. It is convenient and easy for children and for parents. Campers must be registered for the bus prior to camp beginning. Schedules of bus times will be sent out before camp begins. Please email jcamp@jccdallas.org if there are any bus changes for your child. We cannot allow a child to go home on a different bus, with a friend in carpool, or be picked up at the J without written confirmation. Last minute changes can be made by calling the camp before 2:30 p.m. For the safety of our children, please drive carefully and do not block the bus pick-up area or its path.

There will always be a minimum of 2 staff members on each bus. Often extra staff will be placed on the bus to help with children needing extra care. The Bus Counselor will carry all

emergency numbers for every child in the Bus Bag. The Health Forms and information will be available via phone during transportation times.

Carpool, Drop Off & Pick Up Procedures

ONE AM DROP-OFF CARPOOL FOR ALL SCHOOL-AGED CAMPS!

(Chai, Gymnastics, Sports, Tennis, Performing Arts, Teen Travel Camp)

Camp Hours are 9:00 am – 4:00 pm daily.

Car Tags: all camp cars must have a camp car tag. Camp car tags will be used for entering the J and for carpool purposes. Both camp car tags and car pool numbers will be ready for pick up at the Front Desk starting on May 31. For Camp Chai families, Camp Car tags will also be available for pick up at the Camp Chai Orientation on Thursday June 2.

Please be Prompt in the morning, it is best to arrive during the carpool times so that your camper starts the day with their group. In the afternoon, any campers not picked up when carpool ends will automatically go to Extended Care in the Lodge, and you will be charged \$10 per hour with no proration for partial hours.

Morning Carpool is from 8:45 – 9:00 am. ALL CAMP CARPOOLS WILL USE THE FAR RIGHT LANE AND ALL CARS MUST HAVE A CAMP CAR TAG TO USE THIS LANE. Follow the signs to drop off – all campers must exit from the driver's side of the car. Proceed to Valleydale Drive to exit.

Late Drop-off Procedures: If you arrive after 9:00am, you must bring your camper to Camp Central to **SIGN IN** (required) and they will be taken to their camp.

You may park in the main lot and walk to the Camp Central trailer located in front of the Memorial Fountain.

TWO PM PICK-UP CARPOOLS FOR ALL SCHOOL-AGED CAMPS!

Camp Chai PM Carpool is from 3:45 – 4:15 pm and will follow the same traffic pattern as the AM Carpool. This includes anyone who attend another K-9 camp and has a sibling in Camp Chai.

Gymnastics, Sports, StarQuest, StarPower, Teen Travel and Tennis Camps PM Carpool is from 3:45 – 4:15 pm and will be in front of the main entrance to the JCC. Enter the same way as you did in the morning and turn down the first parking lot entrance after “The Gan” (Park). At the bottom of the parking lot you will be greeted and take a left into the camper loading zone. After picking up your child, continue straight until the stop sign and take a left at the stop sign. You will then take a right at the guard shack to exit the campus onto Northaven.

Late Pick-Up Procedures: Any campers not picked up when carpool ends will automatically go to Extended Care in the Lodge, and you will be charged \$10 per hour with no proration for

partial hours. If you arrive after carpool has ended, please follow the signs to pick up your child from After Care in the Lodge.

Early Pick Up Procedures: We do not recommend early pickup as it can be very disruptive to the camper's day. If you must pick up your camper early, they must be picked up before 3:00pm or after 3:45pm (once camp carpool has started). Gymnastics, Sports and Tennis Camps end their day with a free swim. All early pickups in these camps should be made prior to the camps heading to the pool. To pick up early, send an email **no later than the day before** to icamp@iccdallas.org with the following information: camper(s) names, camp(s)/tribe(s), time you will be picking up, and who will be picking up the camper(s). We will have your camper waiting in Camp Central at the time you specify, so please be prompt. YOU MUST GO TO CAMP CENTRAL TO SIGN OUT YOUR CAMPER. If you must pick up your camper for unforeseen reasons, we will do our best to accommodate requests sent at least 2 hours prior to pick up. *Requests sent less than 2 hours prior to pickup will require at least 15 – 20 minutes to bring your camper to Camp Central, so PLEASE PLAN AHEAD.*

Carpooling with Other Families: You must complete the carpool form on CampDoc no later than May 24th. Please list all names and camp attending. Single family carpools do not need to complete the carpool form.

In case of inclement weather, all drop-offs and pick-ups will be in the front of the JCC Main Lobby. Check the Dallas J Summer Camps mobile app, JCC Dallas Summer Camps Facebook or the JCC Camp Website for updates.

THINGS TO REMEMBER

Make sure your camp car tag is always visible

Please have your J Membership Card or Camp Friend Card with you at all times in the JCC building.

What to Wear to Camp

Campers should dress in clothes that enable them to participate in all camp activities and bring sun block for outdoor activities. BE SURE THAT ALL CLOTHING AND BAGS ARE LABELED WITH YOUR CHILD'S FULL NAME.

All Campers:

Refillable Water Bottles: in order to stay hydrated, campers should bring their own refillable water bottles. Staff will be encouraging drinking throughout the day.

Camp Chai:

Sneakers or closed toe sandals with a strap. No flip flops, please. Shorts and tee shirts, swimsuit, towel and sun block.

Gymnastics Camp:

Please see the Gymnastics Camp Welcome Letter for detailed information.

Sports Camp:

Sneakers, T-shirts with appropriate designs, socks, swimsuit (may be worn under clothes), shorts, towel, and sun block. There will be additional items needed for individual sports.

Camps StarQuest & StarPower

Campers should dress in comfortable clothes that enable them to participate in all types of theatrical and outdoor activities. Please do not wear open toe shoes or sandals. For dance class, campers can bring any type of dance or jazz shoes if they have them.

Teen Travel Camp

Depending on the trip will depend on what to bring each day.

Tennis Camp:

Non-Marking Sneakers, socks, shorts, T-shirts with appropriate designs, swimsuit, towel, hat, sunglasses (optional), sun block (!). No flip flops or crocs please!

Important: Campers should not bring valuable items, such as cell phones, to camp. Our camps cannot assume responsibility. Money is not needed at camp. Dangerous items, weapons and other inappropriate items are never allowed and will be confiscated immediately!!

Lunch, Snacks, and Treats

Please send a lunch, marked with your child's name, Monday through Friday.

All individually wrapped snacks will be provided by the camp.

THE J PRACTICES A KASHRUTH POLICY:

- Please send either kosher meat OR a dairy sandwich.
- Do not mix milk and meat products within the lunch you send.
- Under no circumstances should you send shellfish, pork or lard products.

For birthday or special group treats, we request that you send in the morning at carpool only kosher items with a recognized marking that are **individually wrapped and sealed**. If you are unsure what to buy or where to buy it, please call us, and we will be glad to help.

Everything Else

Camp Central: The phone number is 214-810-2377. You can call or TEXT this number. The phone will be answered during camp hours of 8:30 – 4:30. When leaving a message, be sure to leave your name, your camper's name and camp and phone number.

Children may leave camp only if Camp Central has received a phone call to Camp Central or email to jcamp@jccdallas.org. This summer, we prefer that only the parent or pre-assigned individuals picks up their campers. However, in emergency situations, if someone other than one of these individuals will be taking the child, please notify the camp of that person's name. Identification will be required. Parents or designated individual may only pick up at Camp central which is located outside of the main building.

If your child will be absent from camp or late, please notify us.

Personal equipment such as cell phones, iPods, skateboards, hockey sticks, etc. should not be brought to camp unless the parent has spoken with the Camp Director and special arrangements have been made. The camp is not responsible for items brought to camp. Any inappropriate or dangerous items will be confiscated immediately. The camp reserves the right to check the camper's bag with the camper present.

When it is necessary to leave a message for your child during camp hours, please call Camp Central. *Please make sure all messages are left prior to 3:00 pm*; otherwise, we cannot guarantee your child will receive the message.

It is not necessary to bring money to camp.

Please do not extend gratuities. There are opportunities to honor staff through contributions to the Camp Scholarship Fund.